

Blue Sky
FOSTERING



YOUR GUIDE TO
BLUE SKY FOSTERING

"I feel safe and confident here"

"My foster carers are nice, supportive and fun!"

Blue Sky

F O S T E R I N G

"I love where I am and wouldn't change a thing, I have everything I need"

"I really like everything Blue Sky do"

This guide is printed in English, if you would like it printed in another language, please ask someone to contact Katie on 07725 860490

Ky udhëzues është i printuar në anglisht, nëse dëshironi të shtypet në një gjuhë tjetër, ju lutemi kërkon dikë të kontaktojë Katie në 07725 860490

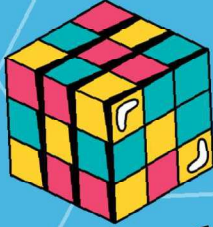
دا لارنبود په انگلیسي ژبه چاپ شوی. که تاسو غواړئ چې په بله ژبه کې چاپ شي، مهرباني وکړئ له یو چا څخه وغواړئ چې کټي سره په 07725 860490 اړیکه ونیسئ

Hướng dẫn này được in bằng tiếng Anh, nếu bạn muốn nó được in bằng ngôn ngữ khác, vui lòng nhờ người liên hệ với Katie theo số 07725 860490

Buku ieu dicitak dina basa Inggris, upami anjeun hoyong eta dicitak dina basa sejen, mangga ménta batur pikeun ngahubungan Katie on 07725 860490

本指南以英文印刷，如果您想以其他语言印刷，请联系 Katie，电话：07725 860490

یہ گائیڈ انگریزی میں پرنٹ کیا گیا ہے، اگر آپ اسے کسی دوسری زبان میں پرنٹ کرنا چاہتے ہیں، تو براہ کرم کسی سے کٹی سے 07725 860490 پر رابطہ کرنے کو کہیں۔



HI THERE

Welcome to your
guide to Blue Sky

Welcome to Blue Sky! I'm
the Blue Sky Bear, you
should be able to find me
somewhere in your house
waiting for you!



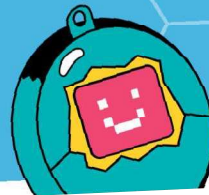
This is my friend Katie!

Katie works at Blue Sky, and her job is to
make sure everyone at Blue Sky is safe, and
she is there if you need to ask something.

She loves to see what amazing things you, me
and your foster carers get up to, so take lots
of photos and send them to her!



Katie - 07725 860490



Who are Blue Sky?

Blue Sky help people find a home and family to live with.



Blue Sky help talk to the important people in your life to help keep you safe.



Blue Sky help your foster carers look after you!



Blue Sky run fun and amazing events and you can come too!



How you feel and what you are thinking is really important to us! If there is ever anything you want to talk about you can give Katie a call on 07725 860490 for a chat!





Blue Sky Bear is not sure what his foster carers will do...

Can you follow the lines to help Blue Sky Bear find out what his foster carers do?



Family

Try to help him see his family



Health

Take him to the doctors and dentist



Learning

Help him with school work and help him do the things he enjoys



Safety

Give him a safe place to live and nice food to eat



Support

Talk to his social worker and Blue Sky



Your foster carers will do their best to help keep you safe. Can you help Blue Sky Bear come up with the "Keeping Safe" rules by putting a mark in the boxes next to the things he should do to keep safe

 Talking to strangers <input data-bbox="494 851 574 929" type="checkbox"/>	 Playing with friends <input data-bbox="845 705 925 784" type="checkbox"/>	 Wearing his seatbelt <input data-bbox="1173 851 1252 929" type="checkbox"/>
 Eating healthy food <input data-bbox="478 1209 558 1288" type="checkbox"/>	 Talking to people he doesn't know on the internet <input data-bbox="829 1164 909 1243" type="checkbox"/>	 Asking before stroking other peoples animals <input data-bbox="1197 1164 1276 1243" type="checkbox"/>
 Riding his bike without a helmet <input data-bbox="494 1489 574 1568" type="checkbox"/>	 Riding his bike with a helmet <input data-bbox="1069 1467 1149 1545" type="checkbox"/>	



Is there anything else you think you and Blue Sky Bear could do to help stay safe?

WHO CAN YOU TALK TO?

Blue Sky Bear is feeling worried and he doesn't know what he should do. He feels like he is lost in a maze.

Can you help him?



Katie - 07725 860490

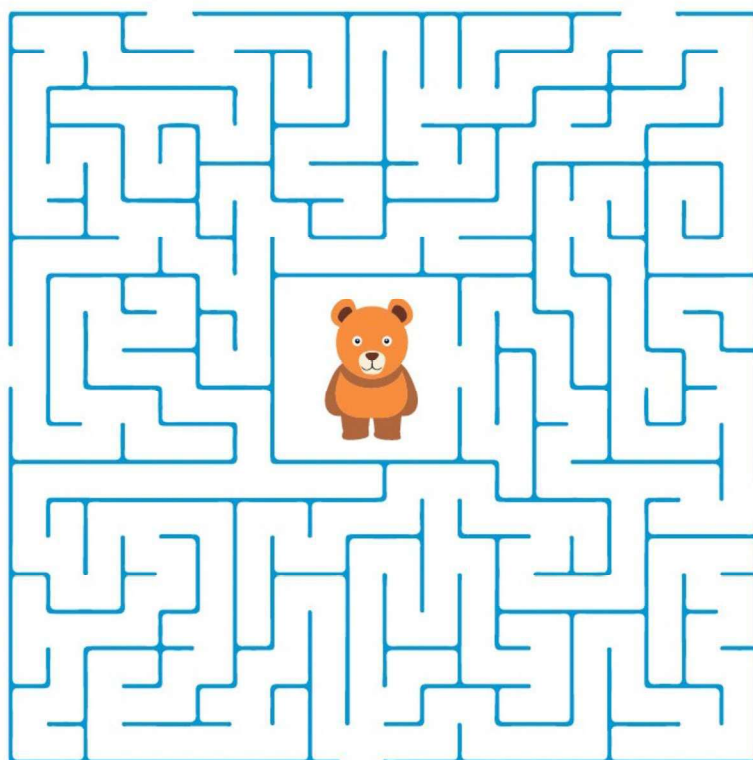


Ofsted

0300 123 1231

Name..... Number.....

Your Social Worker



Name..... Number.....

Your Foster Carer



Children's Commissioner

Dame Rachel de Souza works with the government to make sure your voices and needs are heard. You can contact her and her team with the information here...

Phone: 020 7783 8330

What is an advocate?

Sometimes you might need some help sharing your voice. An advocate is someone who speaks up for other people, especially if those people are having a hard time being heard. Imagine a friend at school feels too shy to tell the teacher they need help. You can be their advocate by telling the teacher for them.

You might find that there is a time when you need help sharing your voice. You can ask anyone from Blue Sky to help you, but if you would rather speak to someone else, you can speak to someone at Help at Hand.

Here is their website:

<https://www.childrenscommissioner.gov.uk/help-at-hand/> and their phone number : 0800 528 0731. Anyone from Blue Sky will be more than happy to help you contact them.





Complaints



Blue Sky Bear is wondering what he could do if he did not feel happy with the care his foster carers were giving him, or if he felt unsafe. You can follow the same guide if you feel unhappy or unsafe with your foster carers.

Blue Sky Bear doesn't feel happy with how his foster carers are caring for him...



He asks his foster carer, or Chrissie, for his social worker or a Blue Sky worker to come and visit him. He doesn't need to tell his carer why he would like a visit...



Blue Sky Bear tells the social worker what he is worried about and he is listened to...

The social worker speaks to the people who work at Blue Sky...

Blue Sky Bear's social worker speaks to his foster carers about ways to make things feel better, and then talks to him about how things can change...



If Blue Sky Bear still feels unhappy, Blue Sky will ask another social worker to try and help...

They will listen to Blue Sky Bear and try to find a way to make things feel better...



If he still isn't happy, Blue Sky will make a panel of three people that will look at his complaint again and let him know their decision...

Blue Sky Bear can phone Ofsted (who are in charge of making sure Blue Sky are doing their job and keeping you safe) whenever he needs to. This might be to make a complaint, or to share something he is worried about. Their number is 0300 123 1231, if you need help calling them, you can ask your foster carer, or someone at Blue Sky.





QUESTIONS ???

Blue Sky Bear has some questions about what it will be like living in foster care. Using your pencil, can you help him match the answers to his questions?

WHEN WILL
I
SEE MY
FAMILY?

There might be different reasons for this. You can ask your social worker who will be able to explain it to you.

WILL I GET
POCKET
MONEY?

Sleep is really important and your foster carers will let you know what time you need to go to bed.

WHEN IS
BED
TIME?

You will get pocket money from your foster carers and they will save some money for you also. You can ask them to see how much you will get.

WHY DO I
LIVE
HERE?

Your social worker will decide when you can see them, and you can ask your social worker at any time if you would like to see them.



BULLYING



If someone is picking on you, or making you feel sad, it can be very difficult and it is a good idea to tell someone about it.

Blue Sky Bear knows he should talk to someone if he is being bullied, but he's not sure who.

Can you help him find who he should talk to by completing the dot to dot? You can write the names and numbers of each person in the spaces!



Useful Links!



Katie Sell - The Manager of the Blue Sky team and makes sure all young people and carers have all the support they need.
katie.sell@blueskyfostering.co.uk 07725860490



Chrissie Bolger - Listens to all young people's voices and makes sure that young people have access to everything they need.
chrissie.bolger@blueskyfostering.co.uk
07376237063



Dame Rachel De Souza - Works with the government to make sure all young people are safe, happy and cared for. 02077838330, <https://www.childrenscommissioner.gov.uk/about-us/contact/>



Sir Martyn Oliver - Works with Ofsted who are responsible for making sure everyone is working in a safe way to help young people thrive. 03001231231, enquiries@ofsted.gov.uk, or Clive House, 70 Petty France, London SW1H 9EX



Our website where you can find information to contact your local hub
www.blueskyfostering.co.uk

Blue Sky Art Gallery!





Blue Sky

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This guide has been made in collaboration with Blue Sky young people.